

January 2014

SUN	MON	TUE	WED	THU	FRI	SAT
Strict fast: No meat, dairy, fish, oil or wine Oil & wine permitted	☞ = fish permitted		19/1 Martyr Boniface and Aglaïs	20/2 +Ignatius the God-Bearer, <i>Pre-feast of the Nativity</i>	21/3 Martyr Juliana	22/4 Martyr Anastasia the deliverer from poisons
23/5 +SUNDAY BEFORE THE NATIVITY. Ten Martyrs of Crete, Righteous Naoum	24/6 Righteous-Martyr Eugenia	25/7 + THE NATIVITY ACCORDING TO THE FLESH OF OUR LORD, GOD AND SAVIOUR JESUS CHRIST.	26/8 +SYNAXIS OF OUR MOST HOLY LADY, MOTHER OF GOD AND EVER-VIRGIN MARY	27/9 +Stephen the Protomartyr, Apostle and Archdeacon	28/10 The Holy 20,000 Martyrs in Nicomedia	29/11 The 14,000 infants slain by Herod
30/12 +SUNDAY BEFORE THEOPHANIA/EPIPHANY Righteous-Martyr Anysia	31/13 Righteous Melanie of Rome <i>Apodosis of the Nativity</i>	1/14 +THE CIRCUMCISION OF JESUS CHRIST, BASIL THE GREAT	2/15 Sylvester; Pope of Rome <i>Pre-feast of Theophania/Epiphany</i>	3/16 Prophet Malachias (Malachi)	4/17 Synaxis of the 70 Apostles	5/18 Righteous Synklētikē
6/19 +THEOPHANIA/EPIPHANY	7/20 +THE SYNAXIS OF THE HONORABLE FORERUNNER	8/21 Righteous Domnica, George the Chozebite	9/22 Martyr Polyeuktos, Righteous Eustratios	10/23 Gregory of Nyssa, Righteous Dometianus	11/24 +RIGHTEOUS THEODOSIOS THE CENOBITE	12/25 Martyr Tatiana
13/26 +SUNDAY AFTER THEOPHANIA/EPIPHANY Martyrs Hermylos and Stratonikos, Righteous Maximus	14/27 Righteous-Martyrs of Sinai and Raïtho, <i>Apodosis of Epiphany</i>	15/28 Righteous John the Hut-Dweller and Paul of Thebes	16/29 +The Veneration of the Chains of the Apostle Peter	17/30 +Righteous Anthony the Great, New-Martyr George of Ioannina	18/31 +Athanasios and Cyril of Alexandria	

February 2014

SUN	MON	TUE	WED	THU	FRI	SAT
Strict fast: No meat, dairy, fish, oil or wine Oil & wine permitted	☞ = fish permitted All foods permitted except meat					19/1 Righteous Makarios
20/2 FIFTEENTH SUNDAY OF LUKE. ZACCHAEUS +Righteous Euthymios the Great	21/3 Maximus the Confessor, Martyr Neophytos	22/4 +Apostle Timothy, Martyr Anastasios the Persian	23/5 Martyrs Clement and Agathangelos	24/6 Righteous Xenē and Philon	25/7 +Gregory the Theologian	26/8 Righteous Xenophon
27/9 +THE PUBLICAN AND THE PHARISEE.+The Transfer of the Relics of St. John Chrysostom	28/10. Righteous Ephraim the Syrian, Isaac, Pelladios	29/11 The Transfer of the Relics of St. Ignatius the God-Bearer	30/12 +Three Hierarchs	31/13 Unmercenaries Cyrus and John	1/14 Martyr Tryphon (Pre-feast of the Presentation)	2/15 + THE PRESENTATION OF THE LORD
3/16. +THE PRODIGAL SON, Symeon the God-receiver, Anna the Prophetess	4/17 Righteous Isidore the Pēlousiotēs	5/18 Martyr Agatha, Polyeuktos; Patriarch of Constantinople	6/19 Boukolos of Smyrna, Photios; Patriarch of Constantinople	7/20 Parthenios of Lampsakos, Luke of Hellas	8/21 Theodore the General	9/22 +SOUL-SATURDAY, Martyr Nikēphoros
10/23 +MEAT-FARE SUNDAY +Hieromartyr Haralampos, Anastasios of Jerusalem	11/24 Hieromartyr Blasios, Theodora the Queen	12/25 Meletios; Archbishop of Antioch	13/26 Apostles Aquila and Priscilla, Righteous Martinian	14/27 Righteous Auxentios, Maron, and Abraham	15/28 Apostle Onēsimos	

March 2014

SUN	MON	TUE	WED	THU	FRI	SAT
Strict fast: No meat, dairy, fish, oil or wine Oil & wine permitted	☞ = fish permitted All foods permitted except meat					16/1 +All the Ascetic Fathers and Mothers, Martyr Pamphylos
17/2 +CHEESE-FARE SUNDAY, Theodore the Tyro	18/3 +CLEAN MONDAY, Leo; Pope of Rome, Agapitos the Confessor	19/4 Apostle Archippos, Righteous-Martyr Philotheē of Athens	20/5 Leo of Katana, Agathon of Rome	21/6 Righteous Timothy	22/7 +THE FIRST SALUTATIONS Martyrs of Eugenius	23/8 +The miracle of the kollyba of St. Theodore the Tyro, Polycarp, Bishop of Smyrna
24/9 +THE FIRST SUNDAY OF THE FAST (ORTHODOXY) The first and second findings of the head of St. John the Baptist	25/10 Tarasios; Patriarch of Constantinople	26/11 Porphyrios of Gaza, Photeinē the Samaritan woman	27/12 Righteous Procopios the Decapolite	28/13 Basil the Confessor Righteous John Cassian (29)	1/14 +THE SECOND SALUTATIONS, Righteous Eudokimos	2/15 Martyrs Hēsychios and Euthalia
3/16 +THE SECOND SUNDAY OF THE FAST (GREGORY PALAMAS) Martyrs Eutropios, Cleonicus and Basiliskos	4/17 Righteous Gerasimos of the Jordan	5/18 .Konon the gardner, Eulampios, Archelaos	6/19 Forty-two martyrs of Amorios	7/20 Seven hieromartyrs of Cherson	8/21 +THE THIRD SALUTATIONS, Theophylaktos of Nicomedia	9/22 * + THE FORTY MARTYRS OF SEBASTEIA.
10/23 +THE THIRD SUNDAY OF THE FAST (VENERATION OF THE CROSS) Martyr Quadratus and those with him	11/24 Sophronios of Jerusalem	12/25 Gregory the Dialogist	13/26 Transfer of the relics of St. Nikēphoros	14/27 Righteous Benedict	15/28 +THE FOURTH SALUTATIONS, Agapios and the seven martyrs with him	16/29 Martyr Sabbinos the Egyptian
17/30 +THE FOURTH SUNDAY OF THE FAST (JOHN OF THE LADDER) Alexios the man of God, Patrick, Bishop of Ireland	18/31 Cyril; Archbishop of Jerusalem					* On this day the vernal equinox occurs; both the day and night are 12 hours each

April 2014

SUN	MON	TUE	WED	THU	FRI	SAT
		19/1 Martyrs Chrysanthos and Dareia	20/2 Martyrs of St. Sabbas	21/3 +GREAT CANON, James the Confessor, Martyr Dominus	22/4 Hieromartyr Basil; Bishop of Ancyra	23/5 +THE AKATHIST HYMN Martyr Nikon and the 199 Martyrs
24/6 +THE FIFTH SUNDAY OF THE FAST (MARY OF EGYPT) Artemon; Bishop of Seleucia. <i>Pre-feast of the Annunciation</i>	25/7 ☩ +ANNUNCIATION OF THE THEOTOKOS	26/8 Synaxis of the Archangel Gabriel	27/9 Righteous Matrona of Thessalonica	28/10 Righteous Hilarion, Apostle Herodion	29/11 Mark, Bishop of Arethousia	30/12 +RESURRECTION OF LAZARUS Righteous John of the Ladder
31/13 ☩ +PALM SUNDAY, Hypatios of Gangra, Akakios	1/14 +GREAT MONDAY, Joseph the all- comely, Righteous Mary of Egypt	2/15 +GREAT TUESDAY, The Ten Virgins Righteous Titus the Wonderworker	3/16 +GREAT WEDNESDAY, The woman who anointed the Lord, Nikētas; Abbott of Mēdikios	4/17 +GREAT THURSDAY, The Mystical Supper Righteous George in Maleon	5/18 +GREAT FRIDAY, The Holy Passion of the Lord, Martyr Claudius	6/19 +GREAT SATURDAY, The Descent into Hades, Eutychios of Constantinople
7/20 +HOLY PASCHA, The Resurrection of the Lord, Martyr Kalliopios	8/21 +RENEWAL WEEK, Apostles Hērdion, Agathos, Rouphos	9/22 Martyr Euppsychios	10/23 Martyr Terence	11/24 Hieromartyr Antypas of Pergamum	12/25 +LIFE-GIVING FONT, Basil the Confessor; Bishop of Parios	13/26 Martinus the Confessor
14/27 +THE SECOND OF JOHN, APOSTLE THOMAS Apostles Aristarchus, Poudes and Trophimus	15/28 Martyr Crescent, Leonidas; Bishop of Athens	16/29 Martyrs Agape, Irene and Chionia	17/30 Hieromartyr Symeon, Righteous Makarios of Corinth		Strict fast: No meat, dairy, fish, oil or wine Oil & wine permitted	☩ = fish permitted

May 2014

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Strict fast: No meat, dairy, fish, oil or wine Oil & wine permitted</p>	<p>☞ = fish permitted</p>			<p>18/1 Righteous John the Decapolite, Athanasia of Aegina</p>	<p>19/2 Hieromartyr Paphnoutios</p>	<p>20/3 Theodore the Trichinite</p>
<p>21/4 +THE THIRD OF JOHN, MYRRH-BEARING WOMEN Hieromartyr Januarius, Righteous Anastasios of Sinai</p>	<p>22/5 Righteous Theodore of Sykeon</p>	<p>23/6 +GREAT-MARTYR GEORGE THE TROPHY-BEARER</p>	<p>24/7 Righteous Elizabeth, New-martyr Doukas</p>	<p>25/8 +Mark the Evangelist</p>	<p>26/9 Hieromartyr Basileus; Bishop of Apameia</p>	<p>27/10 Hieromartyr Symeon the Lord's kinsman</p>
<p>28/11 +THE FOURTH OF JOHN, PARALYTIC, The Nine Martyrs of Cyzicus</p>	<p>29/12 Apostles Jason and Sosipater</p>	<p>30/13 Apostle James</p>	<p>1/14 ☞ +MID-PENTECOST, Prophet Ieremias (Jeremiah), New-martyrs Euthymios, Akakios and Ignatius</p>	<p>2/15 +The Transfer of the Relics of St. Athanasios the Great</p>	<p>3/16 Martyrs Timothy and Maura, Peter; Bishop of Argos</p>	<p>4/17 Martyr Pelagia</p>
<p>5/18 +THE FIFTH OF JOHN, SAMARITAN WOMAN, Great-martyr Irene, Euthymios; Bishop of Madytos</p>	<p>6/19 Job the much-suffering, Righteous Seraphim</p>	<p>7/20 The appearance of the Holy Cross</p>	<p>8/21 <i>Apodosis of Mid-Pentecost</i> +John the Theologian, Righteous Arsenios the Great</p>	<p>9/22 Prophet Esaias (Isaiah), Christopher</p>	<p>10/23 Apostle Simon, Righteous Laurence</p>	<p>11/24 Hieromartyr Mokios, New-martyr Argyrios</p>
<p>12/25 +THE SIXTH OF JOHN, THE BLIND MAN, Basil the Confessor; Bishop of Parios</p>	<p>13/26 Martyr Glykeria, Pausikakos of Synada</p>	<p>14/27 Martyr Isidore of Chios</p>	<p>15/28 ☞ +The APODOSIS OF PASCHA, Righteous Pachomios</p>	<p>16/29 +The ASCENSION OF THE LORD, Righteous Theodore the Sanctified</p>	<p>17/30 Apostles Andronikos and Jounia</p>	<p>18/31 Martyrs Peter and Dionysius</p>

June 2014

SUN	MON	TUE	WED	THU	FRI	SAT
19/1 +THE HOLY FATHERS, Hieromartyr Patrick; Bishop of Prusa	20/2 Martyr Thallelaios	21/3 +EQUAL-TO-THE-APOSTLES CONSTANTINE AND HELEN	22/4 Martyr Basiliskos	23/5 Michael; Bishop of Synada	24/6 <i>Apodosis of Ascension</i> , Righteous Symeon	25/7 +SOUL-SATURDAY, The Third finding of the head of St. John the Baptist
26/8 +PENTECOST, Apostle Carpus	27/9 +HOLY SPIRIT Hieromartyr Helladios, Righteous John the Russian	28/10 Hieromartyr Eutychēs, Righteous Andrew	29/11 Righteous-martyr Theodosios	30/12 Righteous Isaakios; abbot of the monastery of Dalmatia	31/13 Martyr Hērmeios	1/14 <i>Apodosis of Pentecost</i> , Justin Martyr; the Philosopher
2/15 +THE FIRST OF MATTHEW, ALL SAINTS, Nikēphoros; Patriarch of Constantinople	3/16 <i>Beginning of the Fast</i> Martyr Loukilianos	4/17 Metrophanēs; Archbishop of Constantinople	5/18 Hieromartyr Dorotheos; Bishop of Tyro	6/19 Righteous Hilarion and Bessarion	7/20 Theodotos; Bishop of Ankyra	8/21  Theodore the General
9/22 *  +THE SECOND OF MATTHEW, ALL SAINTS OF MT ATHOS, Cyril; Archbishop of Alexandria	10/23 Martyrs Alexander and Antoninus	11/24 +“IT IS TRULY MEET”, APOSTLES BARTHOLOMEW AND BARNABAS	12/25 Righteous Onouphrios and Peter of Mt. Athos	13/26 Martyr Aquilina	14/27 Prophet Elissaios (Elisha), Methodios; Patriarch of Constantinople	15/28  Prophet Amos; Righteous Jerome, Augustine of Hippo
16/29  +THE THIRD OF MATTHEW, ALL SAINTS OF THE TURKISH YOKE Tychon; Bishop of Amathoun	17/30 Martyrs Manuel, Sabel, Ismael and Isaurus			Strict fast: No meat, dairy, fish, oil or wine Oil & wine permitted	 = fish permitted	* On this day the Summer Solstice occurs; the time at which the sun is at its northernmost point in the sky, appearing at noon at its highest altitude above the horizon. It is the longest day of the year; the day is 15 hours long and the night is 9.

July 2014

SUN	MON	TUE	WED	THU	FRI	SAT
		18/1 Martyr Leontios	19/2 Apostle Jude, Righteous Paisios the Great, John Maximovitch	20/3 Methodios of Patara, Kallistos of Constantinope	21/4 Martyr Julian, New-martyrs Nikētas and Pachomios	22/5 ☩ Eusebios of Samosata
23/6 ☩ +THE FOURTH OF MATTHEW, ALL SAINTS OF CHIOS, Martyr Agrippina, Righteous Nikētas of Thebes	24/7 ☩ +THE NATIVITY OF THE HONORABLE FORERUNNER	25/8 Righteous- martyr Febronia, New-martyr Prokopios	26/9 Righteous David of Thessalonica	27/10 Righteous Sampson the Hospitable	28/11 The Transfer of the relics of Sts. Cyrus and John	29/12 APOSTLES PETER AND PAUL
30/13 THE FIFTH OF MATTHEW, +THE SYNAXIS OF THE TWELVE APOSTLES	1/14 +UNMERCENARIES COSMOS AND DAMIAN	2/15 +DEPOSITION OF THE HONORABLE CINCTURE OF THE THEOTOKOS	3/16 Martyr Hyacinth, Anatolios of Constantinople	4/17 Andrew; Archbishop of Crete	5/18 Righteous Athanasios the Athonite	6/19 Righteous Sisoēs, Martyr Lucia
7/20 THE SIXTH OF MATTHEW, Great- martyr Kyriakē, Righteous Thomas	8/21 Great-martyr Prokopios, Righteous Theophilos the Myrrh-streamer	9/22 Hieromartyr Pankratios of Tauromenia	10/23 Forty-five martyrs Nikopolis	11/24 +GREAT-MARTYR EUPHEMIA, Equal- to-the-Apostles Olga	12/25 Martyrs Proklos and Hilarios	13/26 Synaxis of the Archangel Gabriel
14/27 +HOLY FATHERS, Apostle Aquila, Righteous Nikodēmos of the Holy Mountain	15/28 Martyrs Kērykos and Julita	16/29 Hieromartyr Athenogenēs	17/30 +GREAT- MARTYR MARINA	18/31 Martyr Æmilianos	Strict fast: No meat, dairy, fish, oil or wine Oil & wine permitted	☩ = fish permitted

August 2014

SUN	MON	TUE	WED	THU	FRI	SAT
Strict fast: No meat, dairy, fish, oil or wine Oil & wine permitted	☞ = fish permitted				19/1 Righteous Makrina and Dios	20/2 PROPHET ELIAS (ELIJAH)
21/3 THE EIGHTH OF MATTHEW, Righteous Symeon; the fool for Christ and John	22/4 +Equal-to-the-Apostles MARY MAGDALENE, Martyr Markella of Chios	23/5 Hieromartyr Phokas, Prophet Ezekiel	24/6 Great-martyr Christina, New-martyr Theophilos	25/7 +DORMITION OF ST. ANNA	26/8 +RIGHTEOUS-MARTYR PARASKEUĒ	27/9 GREAT-MARTYR PANTELEĒMON
28/10 THE NINTH OF MATTHEW, Prochoros, Nikanor, Righteous Irene Chrysovalanou	29/11 Martyrs Kallinikos and Theodotē	30/12 Apostles Silas, Silouanos, Crescent and Epenetus	31/13 Righteous Eudokimos the Just, Joseph of Arimathea	1/14 The Procession of the Holy Cross; Holy Maccabees <i>Beginning of the Fast</i>	2/15 The Translation of the relics of the Protomartyr Stephen	3/16 Righteous Dalmatius, Faustus and Isaakios
4/17 +THE TENTH OF MATTHEW, The Seven Children of Ephesus	5/18 Martyr Eusignios, Righteous Nona	6/19 ☞ +THE TRANSFIGURATION OF THE SAVIOUR	7/20 Hieromartyr Dometius, Righteous Theodosios the New	8/21 Æmilianos of Cyzicus	9/22 Apostle Matthias	10/23 Archdeacon Laurence
11/24 +THE ELEVENTH OF MATTHEW, Deacon Euplos, Nēphon of Constantinople	12/25 Martyrs Photios and Anikētos	13/26 The translation of the relics of St Maximus the Confessor <i>Apodosis Transfiguration</i>	14/27 Prophet Micah, New-martyr Symeon; <i>Pre Feast of the Dormition</i>	15/28 +THE DORMITION OF THE THEOTOKOS	16/29 The Holy Napkin, Martyr Diomēdos	17/30 Martyr Myron
18/31 +THE TWELFTH OF MATTHEW, Martyrs Florus and Laurus						

September 2014

SUN	MON	TUE	WED	THU	FRI	SAT
	19/1 Great-martyr Andrew and those with him	20/2 Prophet Samuel, Martyr Lucius	21/3 Apostle Thaddeus, Martyr Bassa	22/4 Panagia of Proussa, Martyr Agathonikos	23/5 Martyr Loupus, <i>Apodosis of the Dormition</i>	24/6 Hieromartyr Eutychēs; Cosmas of Aetolia
25/7 +THE THIRTEENTH OF MATTHEW, Apostles Bartholomew and Titus	26/8 Martyrs Adrian and Natalie, Righteous Joasaph	27/9 Righteous Pœmen, Martyr Phanourios	28/10 Righteous Moses the Ethiopian	29/11 +THE BEHEADING OF ST. JOHN THE BAPTIST	30/12 Alexander and John; Patriarchs of Constantinople	31/13 + DEPOSITION OF THE HOLY BELT (ZONE) OF THE THEOTOKOS
1/14 +THE FOURTEENTH OF MATTHEW, +BEGINNING OF THE INDICATION. Symeon the Stylite	2/15 Martyr Mamas, John the Faster, Patriarch of Constantinople	3/16 Hieromartyr Anthimos, Bishop of Nicomedia	4/17 Hieromartyr Babylas, Bishop of Antioch, Prophet Moses the God-seer.	5/18 Prophet Zacharias, father of the Forerunner	6/19 +The miracle of the Archangel Michael at Chonae	7/20 Martyr Sozon
8/21 Sunday Before the Exaltation of the Cross. +THE NATIVITY OF OUR MOST HOLY LADY, MOTHER OF GOD AND EVER-VIRGIN MARY.	9/22* +The Synaxis of the Just Joachim and Anna	10/23 Martyrs Mēnodora, Mētrodora and Nymphodora	11/24 Righteous Theodora of Alexandria	12/25 <i>Apodosis of the Nativity</i> Hieromartyr Autonomos	13/26 +The Dedication of the Holy Church of the Resurrection of Christ	14/27 +THE UNIVERSAL EXALTATION OF THE PRECIOUS AND LIFE-GIVING CROSS
15/28 +SUNDAY AFTER THE EXALTATION Great Martyr Nikētas	16/29 Great Martyr Euphēmia	17/30 Virgin Martyrs, Faith, Hope and Love, and of their mother Sophia		Strict fast: No meat, dairy, fish, oil or wine Oil & wine permitted	∞ = fish permitted	* On this day the autumnal equinox occurs; both the day and night are 12 hours each

October 2014

SUN	MON	TUE	WED	THU	FRI	SAT
Strict fast: No meat, dairy, fish, oil or wine Oil & wine permitted	☞ = fish permitted		18/1 Righteous Eumenios, Bishop of Gortyna	19/2 Martyrs Trophimos, Sabbatios and Dorymedon	20/3 +Great Martyr Eustathios, etc.	21/4 Quadratus the Apostle <i>Apodosis of the Exaltation</i>
22/5 +FIRST WEEK OF LUKE. Hieromartyr Phokas	23/6 +The Conception of the holy, glorious Prophet, Forerunner and Baptist, John.	24/7 Great Martyr and Equal of the Apostles Thekla	25/8 Righteous Euphrosynē, daughter of Paphnutios the Egyptian.	26/9 +The Assumption of the holy, glorious Apostle and Evangelist, John the Theologian	27/10 Martyr Kallistratos and his forty nine fellow martyrs.	28/11 Righteous Chariton the Confessor
29/12 +SECOND SUNDAY OF LUKE. Righteous Kyriakos the Anchorite	30/13 Martyr Gregory of Great Armenia	1/14 +PROTECTION OF THE THEOTOKOS	2/15 Hieromartyr Cyprian, Virgin-martyr Justina	3/16 Dionysios the Areopagite, Bishop of Athens	4/17 Hierotheos, Bishop of Athens	5/18 Martyr Charitinē
6/19 +THIRD SUNDAY OF LUKE. +Apostle Thomas , New-martyr Makarios	7/20 Great-martyrs Sergius and Bacchus	8/21 Righteous Pelagia and Taisia	9/22 Apostle James Alpheus	10/23 Martyrs Eulampios and Eulampia	11/24 Apostle Philip. Righteous Theophanes the Branded	12/25 Martyrs Probus, Tarachos and Andronicus Righteous Symeon
13/26 +FOURTH SUNDAY OF LUKE. HOLY FATHERS Martyrs Carpus, Papyrus and Agathodoros	14/27 Martyrs Nazarios and Gervasios, and Celsius Pachomios the New of Chios	15/28 Hieromartyr Loukianos	16/29 Great-Martyr Longinus the Centurion	17/30 Prophet Osēe (Hosea), Twenty Unmercenarys	18/31 +Apostle and Evangelist Luke	

November 2014

SUN	MON	TUE	WED	THU	FRI	SAT
Strict fast: No meat, dairy, fish, oil or wine Oil & wine permitted	☞ = fish permitted					19/1 Prophet Joel, Martyr Varus, John of Kronstadt
20/2 +SIXTH SUNDAY OF LUKE. Great-martyr Artemius	21/3 Righteous Hilarion the Great	22/4 Averky Bishop of Hierapolis	23/5 +Apostle James, the Brother of the Lord	24/6 Great-Martyr Arethas, Martyr Sebastianē	25/7 Martyrs Marcian and Martyrios, Tabitha the Merciful	26/8 Great-Martyr Demetrios the Myrrh-Streamer
27/9 +SEVENTH SUNDAY OF LUKE. Martyr Nestor, Procla the wife of Pontius Pilate	28/10 Terence and Eunice, Athanasios of Constantinople the Esphigmenite	29/11 Martyr Anastasia the Roman, Righteous Abramius and Maria	30/12 Martyrs Zenobios and Zenobia	31/13 Apostles Stachys, Apellos, Amplia and Ourbanos.	1/14 +UNMERCENARIES COSMOS AND DAMIAN	2/15 Martyrs Akindynos, Pegasios and Elpidophoros
3/16 +FIFTH SUNDAY OF LUKE. The Translation of the relics of St. George the Trophy-bearer	4/17 Righteous Ioannikios, Hieromartyr Nikandros	5/18 Martyrs Galaktion and Epistemē	6/19 Paul; Archbishop of Constantinople	7/20 Thirty-three Martyrs of Melitinē	8/21 +Archangels Michael and Gabriel	9/22 St. Nectarios of Pentapolis
10/23 +EIGHTH SUNDAY OF LUKE. Apostles Olympas and Sosipater, Martyr Orestos	11/24 Martyrs Mēnas, Victor and Vincent	12/25 +JOHN THE MERCIFUL, PATRIARCH OF ALEXANDRIA	13/26 +JOHN CHRYSOSTOM	14/27 +APOSTLE PHILIP	15/28 Martyrs Gourias, Samonas and Abibos. <i>Beginning of the Fast</i>	16/29 +Apostle and Evangelist Matthew
17/30 +NINTH SUNDAY OF LUKE Gregory the Wonderworker						

December 2014

SUN	MON	TUE	WED	THU	FRI	SAT
	18/1 Martyrs Plato, Romanos and Zacchaeus	19/2 Prophet Abdia (Obadiah), Martyr Barlaam	20/3 Gregory the Decapolite, <i>Pre- feast of the Entry</i>	21/4 ☩ +The Entry of the Theotokos	22/5 Apostles Philemon, Onesimos	23/6 ☩ Bishops Gregory and Amphilochios
24/7 ☩ +THIRTEEN SUNDAY OF LUKE Hieromartyrs Clement of Rome and Peter of Alexandria	25/8 +Great-Martyrs Catherine and Mercurios <i>Apodosis of the Entry</i>	26/9 Righteous Alypy, Stylianos of Paphlagonia, Nikon “Repent ye”	27/10 Great-Martyr James the Persian	28/11 Stephen the Confessor, Martyr Eirēnarchos	29/12 Martyrs Paramonos and Philoumenos	30/13 ☩ Andrew the First-Called Apostle
1/14 ☩ +FOURTEENTH SUNDAY OF LUKE Prophet Naoum, Righteous Philaret the Merciful	2/15 Prophet Abbakoum (Habakkuk), Martyr Myropē	3/16 Prophet Sophonias (Zephaniah)	4/17 +Great-Martyr Barbara, Righteous John of Damascus	5/18 +Righteous Sabbas the Sanctified	6/19 +Nicholas of Myra in Lycia	7/20 ☩ Ambrose of Milan
8/21 ☩ +TENTH SUNDAY OF LUKE Righteous Patapios, Parthenios of Chios	9/22 * +THE CONCEPTION OF ST ANNA	10/23 Martyrs Mēnas, Hērmogenēs and Eugraphos	11/24 Righteous Daniel and Luke the Stylites	12/25 +SPYRIDON OF TRIMYTHOUS	13/26 Martyrs Eustratios, Auxentios, Eugene, Mardarios and Orestes	14/27 Martyrs Thyrsos and Leukios
15/28 +ELEVENTH SUNDAY OF LUKE. FOREFATHERS Hieromartyr Eleutherios, Martyr Anthia	16/29 Prophet Angeos (Haggai), Modestus of Jerusalem	17/30 Three Holy Children, Prophet Daniel, Dionysios of Aegina	18/31 Martyr Sebastian and those with him	* On this day the Winter Solstice occurs; the time at which the sun is at its southernmost point in the sky, appearing at noon at its lowest altitude above the horizon. It is the shortest day of the year; the day is 9 hours long and the night is 15.	Strict fast: No meat, dairy, fish, oil or wine Oil & wine permitted	☩ = fish permitted