

January 2011

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Strict fast: No meat, dairy, fish, shellfish, oil or wine Oil, wine & shellfish permitted</p>	<p> = fish permitted A.F.P. = All foods permitted</p>				<p>1/14 A.F.P. +THE CIRCUMCISION OF JESUS CHRIST, BASIL THE GREAT</p>	<p>2/15 A.F.P. Sylvester; Pope of Rome <i>Pre-feast of Theophania/Epiphany</i></p>
<p>3/16 A.F.P. +SUNDAY BEFORE THEOPHANIA/EPIPHANY Prophet Malachias (Malachi)</p>	<p>4/17 A.F.P. Synaxis of the 70 Apostles</p>	<p>5/18 Righteous Synklētikē</p>	<p>6/19 A.F.P. +THEOPHANIA/EPIPHANY</p>	<p>7/20 +THE SYNAXIS OF THE HONORABLE FORERUNNER</p>	<p>8/21 Righteous Domnikē, George the Chozebite</p>	<p>9/22 Martyr Polyuktos, Righteous Eustratios</p>
<p>10/23 +SUNDAY AFTER THEOPHANIA/EPIPHANY Gregory of Nyssa, Righteous Dometianus</p>	<p>11/24 +RIGHTEOUS THEODOSIOS THE CENOBITE</p>	<p>12/25 Martyr Tatiana</p>	<p>13/26 Martyrs Hermylos and Stratonikos, Righteous Maximus</p>	<p>14/27 Righteous-Martyrs of Sinai and Raïtho <i>Apodosis of Epiphany</i></p>	<p>15/28 Righteous John the Hut-Dweller, Paul of Thebes</p>	<p>16/29 +The Veneration of the Chains of the Apostle Peter</p>
<p>17/30 +ELEVENTH SUNDAY OF LUKE. THE 10 LEPERS +Righteous Anthony the Great, New-Martyr George of Ioannina</p>	<p>18/31 +Athanasios and Cyril of Alexandria</p>	<p>19/1 Righteous Makarios</p>	<p>20/2 +Righteous Euthymios the Great</p>	<p>21/3 Maximus the Confessor, Martyr Neophytos</p>	<p>22/4 +Apostle Timothy, Martyr Anastasios the Persian</p>	<p>23/5 Martyrs Clement and Agathangelos</p>
<p>24/6 FIFTEENTH SUNDAY OF LUKE. ZACCHAEUS Righteous Xenē and Philon</p>	<p>25/7 +Gregory the Theologian</p>	<p>26/8 Righteous Xenophon</p>	<p>27/9 +The Transfer of the Relics of St. John Chrysostom</p>	<p>28/10 Righteous Ephraim the Syrian, Isaac, Pelladios</p>	<p>29/11 The Transfer of the Relics of St. Ignatius the God-Bearer</p>	<p>30/12 +Three Hierarchs</p>
<p>31/13 A.F.P. +THE PUBLICAN AND THE PHARISEE. Unmercenaries Cyrus and John</p>						

February 2011

SUN	MON	TUE	WED	THU	FRI	SAT
	1/14 A.F.P. Martyr Tryphon (Pre-feast of the Presentation)	2/15 A.F.P. + THE PRESENTATION OF THE LORD	3/16 A.F.P. Symeon the God-receiver, Anna the Prophetess	4/17 A.F.P. Righteous Isidore the Pēlousiotēs	5/18 A.F.P. Martyr Agatha, Polyeuktos; Patriarch of Constantinople	6/19 A.F.P. Boukolos of Smyrna, Photios; Patriarch of Constantinople
7/20 + THE PORDIGAL SON Parthenios of Lampsakos, Luke of Hellas	8/21 Theodore the General	9/22 Martyr Nikēphoros	10/23 + Hieromartyr Haralampos, Anastasios of Jerusalem	11/24 Hieromartyr Blasios, Theodora the Queen	12/25 Meletios; Archbishop of Antioch	13/26 + SOUL-SATURDAY, Apostles Aquila and Priscilla, Righteous Martinian
14/27 + MEAT-FARE SUNDAY Righteous Auxentios, Maron, and Abraham	15/28 No Meat Apostle Onēsimos	16/1 No Meat Martyr Pamphylos	17/2 No Meat Theodore the Tyro	18/3 No Meat Leo; Pope of Rome, Agapitos the Confessor	19/4 No Meat Apostle Archippos, Righteous-Martyr Philotheē of Athens	20/5 No Meat + All the Ascetic Fathers and Mothers, Leo of Katana, Agathon of Rome
21/6 + CHEESE-FARE SUNDAY, Righteous Timothy	22/7 + CLEAN MONDAY, Martyrs of Eugenius	23/8 Polycarp, Bishop of Smyrna	24/9 The first and second findings of the head of St. John the Baptist	25/10 Tarasios; Patriarch of Constantinople	26/11 + THE FIRST SALUTATIONS, Porphyrios of Gaza, Photeinē the Samaritan woman	27/12 + The miracle of the kollyba of St. Theodore the Tyro Righteous Procopios the Decapolite
28/13 + THE FIRST SUNDAY OF THE FAST (ORTHODOXY) Basil the Confessor, John Cassian (29)					Strict fast: No meat, dairy, fish, shellfish, oil or wine Oil, wine & shellfish permitted	 = fish permitted A.F.P. = All foods permitted

March 2011

SUN	MON	TUE	WED	THU	FRI	SAT
* On this day the vernal equinox occurs; both the day and night are 12 hours each.	1/14 Righteous Eudokimos	2/15 Martyrs Hēsychios and Euthalia	3/16 Martyrs Eutropios, Kleonikos and Basiliskos	4/17 Righteous Gerasimos of the Jordan	5/18 + THE SECOND SALUTATIONS , Konon the gardner, Eulampios, Archelaos	6/19 Forty-two martyrs of Amorios
7/20 + THE SECOND SUNDAY OF THE FAST (GREGORY PALAMAS) Seven hieromartyrs of Cherson	8/21 Theophylaktos of Nicomedia	9/22* + THE FORTY MARTYRS OF SEBASTEIA	10/23 Martyr Quadratus and those with him	11/24 Sophronios of Jerusalem	12/25 + THE THIRD SALUTATIONS , Gregory the Dialogist	13/26 Transfer of the relics of St. Nikēphoros
14/27 + THE THIRD SUNDAY OF THE FAST (VENERATION OF THE CROSS) . Righteous Benedict	15/28 Agapios and the seven martyrs with him	16/29 Martyr Sabbinos the Egyptian	17/30 Alexios the man of God, Patrick; Bishop of Ireland	18/31 Cyril; Archbishop of Jerusalem	19/1 + THE FOURTH SALUTATIONS , Martyrs Chrysanthos and Dareia	20/2 Martyrs of St. Sabbas
21/3 + THE FOURTH SUNDAY OF THE FAST (JOHN OF THE LADDER) James the Confessor, Martyr Dominus	22/4 Hieromartyr Basil; Bishop of Ancyra	23/5 Martyr Nikon and the 199 Martyrs	24/6 + GREAT CANON* , Artemon; Bishop of Seleucia	25/7 ☩ + ANNUNCIATION OF THE THEOTOKOS	26/8 Synaxis of the Archangel Gabriel	27/9 + THE AKATHIST HYMN Righteous Matrona of Thessalonica
28/10 + THE FIFTH SUNDAY OF THE FAST (MARY OF EGYPT) Righteous Hilarion, Apostle Herodion	29/11 Mark, Bishop of Arethousia	30/12 Righteous John of the Ladder	31/13 Hypatios of Gangra, Akakios	* The Great Canon is chanted on Tuesday evening together with Small Compline	Strict fast: No meat, dairy, fish, shellfish, oil or wine Oil, wine & shellfish permitted	☩ = fish permitted A.F.P. = All foods permitted







April 2011

SUN	MON	TUE	WED	THU	FRI	SAT
Strict fast: No meat, dairy, fish, shellfish, oil or wine Oil, wine & shellfish permitted	 = fish permitted A.F.P. = All foods permitted			1/14 Righteous Mary of Egypt	2/15 Righteous Titus the Wonderworker	3/16 +RESURRECTION OF LAZARUS Nikētas; Abbott of Mēdikios
4/17  +PALM SUNDAY, Righteous George in Maleon	5/18 +GREAT MONDAY, Joseph the all-comely, Martyr Claudius	6/19 +GREAT TUESDAY, The Ten Virgins, Eutychios of Constantinople	7/20 +GREAT WEDNESDAY, The woman who anointed the Lord, Martyr Kalliopios	8/21 +GREAT THURSDAY, The Mystical Supper, Apostles Hērdion, Agathos, Roupfos	9/22 +GREAT FRIDAY, The Holy Passion of the Lord, Martyr Eupsychios	10/23 +GREAT SATURDAY, The Descent into Hades, Martyr Terence
11/24 +HOLY PASCHA, The Resurrection of the Lord Hieromartyr Antypas of Pergamum	12/25 ^{A.F.P.} +RENEWAL WEEK, Basil the Confessor; Bishop of Parios	13/26 ^{A.F.P.} Martinus the Confessor	14/27 ^{A.F.P.} Apostles Aristarchus, Poudēs and Trophimus	15/28 ^{A.F.P.} Martyr Crescent, Leonidas; Bishop of Athens	16/29 ^{A.F.P.} +LIFE-GIVING FONT, Martyrs Agape, Irene and Chionia	17/30 ^{A.F.P.} Hieromartyr Symeon, Righteous Makarios of Corinth
18/1 +THE SECOND OF JOHN, APOSTLE THOMAS Righteous John the Decapolite, Athanasia of Aegina	19/2 Hieromartyr Paphnoutios	20/3 Theodore the Trichinite	21/4 Hieromartyr Januarius, Righteous Anastasios of Sinai	22/5 Righteous Theodore of Sykeon	23/6 +GREAT-MARTYR GEORGE THE TROPHY-BEARER	24/7 Righteous Elizabeth, New-martyr Doukas
25/8 +THE THIRD OF JOHN, MYRRH-BEARING WOMEN +Mark the Evangelist	26/9 Hieromartyr Basileus; Bishop of Apameia	27/10 Hieromartyr Symeon the Lord's kinsman	28/11 The Nine Martyrs of Cyzicus	29/12 Apostles Jason and Sosipater	30/13 Apostle James	


May 2011

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Strict fast: No meat, dairy, fish, shellfish, oil or wine</p> <p>Oil, wine & shellfish permitted</p>	<p> = fish permitted</p> <p>A.F.P. = All foods permitted</p>					<p>1/14</p> <p>Prophet Ieremias (Jeremiah), New-martyrs Euthymios, Akakios and Ignatius</p>
<p>2/15</p> <p>+THE FOURTH OF JOHN, PARALYTIC, +The Transfer of the Relics of St. Athanasios the Great</p>	<p>3/16</p> <p>Martyrs Timothy and Maura, Peter; Bishop of Argos</p>	<p>4/17</p> <p>Martyr Pelagia</p>	<p>5/18 </p> <p>+MID-PENTECOST, Great-martyr Irene, Euthymios; Bishop of Madytos</p>	<p>6/19</p> <p>Job the much-suffering, Righteous Seraphim</p>	<p>7/20</p> <p>The appearance of the Holy Cross</p>	<p>8/21</p> <p>+John the Theologian, Righteous Arsenios the Great</p>
<p>9/22</p> <p>+THE FIFTH OF JOHN, SAMARITAN WOMAN, Prophet Esaias (Isaiah), Christopher</p>	<p>10/23</p> <p>Apostle Simon, Righteous Laurence</p>	<p>11/24</p> <p>Hieromartyr Mokios, New-martyr Argyrios</p>	<p>12/25</p> <p>Basil the Confessor; Bishop of Parios</p>	<p>13/26</p> <p>Martyr Glykeria, Pausikakos of Synada</p>	<p>14/27</p> <p>Martyr Isidore of Chios</p>	<p>15/28</p> <p>Righteous Pachomios</p>
<p>16/29</p> <p>+THE SIXTH OF JOHN, THE BLIND MAN, Righteous Theodore the Sanctified</p>	<p>17/30</p> <p>Apostles Andronikos and Jounia</p>	<p>18/31</p> <p>Martyrs Peter and Dionysius</p>	<p>19/1 </p> <p>+The APODOSIS OF PASCHA, Hieromartyr Patrick; Bishop of Prusa</p>	<p>20/2</p> <p>+The ASCENSION OF THE LORD, Martyr Thallelaios</p>	<p>21/3</p> <p>+EQUAL-TO-THE-APOSTLES CONSTANTINE AND HELEN</p>	<p>22/4</p> <p>Martyr Basiliskos</p>
<p>23/5</p> <p>+THE HOLY FATHERS, Michael; Bishop of Synada</p>	<p>24/6</p> <p>Righteous Symeon</p>	<p>25/7</p> <p>The Third finding of the head of St. John the Baptist</p>	<p>26/8</p> <p>Apostle Carpus</p>	<p>27/9</p> <p>Hieromartyr Helladios, Righteous John the Russian</p>	<p>28/10</p> <p>Hieromartyr Eutychēs, Righteous Andrew</p>	<p>29/11</p> <p>+SOUL-SATURDAY, Righteous-martyr Theodosios</p>
<p>30/12</p> <p>+PENTECOST, Righteous Isaakios; abbot of the monastery of Dalmatia</p>	<p>31/13 K.Π.</p> <p>+HOLY SPIRIT, Martyr Hērmeios</p>					

June 2011

SUN	MON	TUE	WED	THU	FRI	SAT
Strict fast: No meat, dairy, fish, shellfish, oil or wine Oil, wine & shellfish permitted	 = fish permitted A.F.P. = All foods permitted	1/14 A.F.P. Justin Martyr; the Philosopher	2/15 A.F.P. Nikēphoros; Patriarch of Constantinople	3/16 A.F.P. Martyr Loukilianos	4/17 A.F.P. Metrophanēs; Archbishop of Constantinople	5/18 A.F.P. Hieromartyr Dorotheos; Bishop of Tyro
6/19 +THE FIRST OF MATTHEW, ALL SAINTS, Righteous Hilarion and Bessarion	7/20 <i>Beginning of the Fast</i> Theodotos; Bishop of Ankyra	8/21* Theodore the General	9/22 Cyril; Archbishop of Alexandria	10/23 Martyrs Alexander and Antoninus	11/24 +“IT IS TRULY MEET”, APOSTLES BARTHOLOMEW AND BARNABAS	12/25  Righteous Onouphrios and Peter of Mt. Athos
13/26  +THE SECOND OF MATTHEW, ALL SAINTS OF MT ATHOS, Martyr Aquilina	14/27 Prophet Elissaios (Elisha), Methodios; Patriarch of Constantinople	15/28 Prophet Amos; Righteous Augustine of Hippo	16/29 Tychon; Bishop of Amathoun	17/30 Martyrs Manuel, Sabel, Ismael and Isaurus	18/1 Martyr Leontios	19/2  Apostle Jude, Righteous Paisios the Great, John Maximovitch
20/3  +THE THIRD OF MATTHEW, ALL SAINTS OF THE TURKISH YOKE <small>Methodios of Patara, Kallistos of Constantinople</small>	21/4 Martyr Julian, New-martyrs Nikētas and Pachomios	22/5 Eusebius of Samosata	23/6 Martyr Agrippina, Righteous Nicētas of Thebes	24/7  +THE NATIVITY OF THE HONORABLE FORERUNNER	25/8 Righteous- martyr Febronia, New-martyr Prokopios	26/9 Righteous David of Thessalonica
27/10 +THE FOURTH OF MATTHEW, ALL SAINTS OF CHIOS, Righteous Sampson the Hospitable	28/11 The Transfer of the relics of Sts. Cyrus and John	29/12 APOSTLES PETER AND PAUL	30/13 +THE SYNAXIS OF THE TWELVE APOSTLES			* On this day the Summer Solstice occurs; the time at which the sun is at its northernmost point in the sky, appearing at noon at its highest altitude above the horizon. It is the longest day of the year; the day is 15 hours long and the night is 9.

July 2011

SUN	MON	TUE	WED	THU	FRI	SAT
Strict fast: No meat, dairy, fish, shellfish, oil or wine Oil, wine & shellfish permitted	 = fish permitted A.F.P. = All foods permitted			1/14 +UNMERCENARIES COSMAS AND DAMIAN	2/15 +DEPOSITION OF THE HONORABLE CINCTURE OF THE THEOTOKOS	3/16 Martyr Hyacinth, Anatolios of Constantinople
4/17 +THE FIFTH OF MATTHEW, Andrew; Archbishop of Crete	5/18 Righteous Athanasios the Athonite	6/19 Righteous Sisoēs, Martyr Lucia	7/20 Great-martyr Kyriakē, Righteous Thomas	8/21 Great-martyr Prokopios, Righteous Theophilos the Myrrh-streamer	9/22 Great-martyr Prokopios, Righteous Theophilos the Myrrh-streamer	10/23 Forty-five martyrs Nikopolis
11/24 +THE SIXTH OF MATTHEW, +GREAT- MARTYR EUPHEMIA, Equal-to-the-Apostles Olga	12/25 Martyrs Proklos and Hilarios	13/26 Synaxis of the Archangel Gabriel	14/27 Apostle Aquila, Righteous Nicodemus of the Holy Mountain	15/28 Martyrs Kērykos and Julita	16/29 Hieromartyr Athenogenēs	17/30 +GREAT- MARTYR MARINA
18/31 +HOLY FATHERS, Martyr Aimilianos	19/1 Righteous Makrina and Dius	20/2 PROPHET ELIAS (ELIJAH)	21/3 Righteous Symeon; the fool for Christ and John	22/4 +Equal-to-the- Apostles MARY MAGDALENE, Martyr Markella of Chios	23/5 Hieromartyr Phokas, Prophet Ezekiel	24/6 Great-martyr Christina, New- martyr Theophilos
25/7 +THE EIGHTH OF MATTHEW, +DORMITION OF ST. ANNA	26/8 +RIGHTEOUS- MARTYR PARASKEUĒ	27/9 GREAT-MARTYR PANTELEĒMON	28/10 Prochoros, Nikanor, Righteous Irene Chrysovalanou	29/11 Martyrs Kallinikos and Theodotē	30/12 Apostles Silas, Silouanos, Crescent and Epenetus	31/13 Righteous Eudokimos the Just, Joseph of Arimathea

August 2011

SUN	MON	TUE	WED	THU	FRI	SAT
1/14 THE NINTH OF MATTHEW , The Procession of the Holy Cross; Holy Maccabees <i>Beginning of the Fast</i>	2/15 The Translation of the relics of the Protomartyr Stephen	3/16 Righteous Dalmatius, Faustus and Isaakios	4/17 The Seven Children of Ephesus	5/18 Martyr Eusignios, Righteous Nona	6/19 ☒ + THE TRANSFIGURATION OF THE SAVIOUR	7/20 Hieromartyr Dometius, Righteous Theodosios the New
8/21 + THE TENTH OF MATTHEW , Aimilianos of Cyzicus	9/22 Apostle Matthias	10/23 Archdeacon Laurence	11/24 Deacon Euplos, Nēphon of Constantinople	12/25 Martyrs Photios and Akinētos	13/26 The translation of the relics of St Maximus the Confessor <i>Apodosis Transfiguration</i>	14/27 Prophet Micah, New-martyr Symeon; <i>Prefast of the Dormition</i>
15/28 + THE ELEVENTH OF MATTHEW , + THE DORMITION OF THE THEOTOKOS	16/29 The Holy Napkin, Martyr Diomēdus	17/30 Martyr Myron	18/31 Martyrs Florus and Laurus	19/1 Great-martyr Andrew and those with him	20/2 Prophet Samuel, Martyr Lucius	21/3 Apostle Thaddeus, Martyr Bassa
22/4 + THE TWELFTH OF MATTHEW , Panagia of Proussa, Martyr Agathonikos	23/5 Martyr Loupus, <i>Apodosis of the Dormition</i>	24/6 Hieromartyr Eutychēs; Kosmas of Aitolia	25/7 Apostles Bartholomew and Titus	26/8 Martyrs Adrian and Natalie, Righteous Joasaph	27/9 Righteous Poimen, Martyr Phanourios	28/10 Righteous Moses the Ethiopian
29/11 + THE THIRTEENTH OF MATTHEW , + THE BEHEADING OF ST. JOHN THE BAPTIST	30/12 Alexander and John; Patriarchs of Constantinople	31/13 + DEPOSITION OF THE HOLY BELT (ZONE) OF THE THEOTOKOS			Strict fast: No meat, dairy, fish, shellfish, oil or wine Oil, wine & shellfish permitted	☒ = fish permitted A.F.P. = All foods permitted

September 2011

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Strict fast: No meat, dairy, fish, shellfish, oil or wine</p> <p>Oil, wine & shellfish permitted</p>	<p> = fish permitted</p> <p>A.F.P. = All foods permitted</p>		<p>1/14</p> <p>+BEGINNING OF THE INDICTION.</p> <p>Symeon the Stylite</p>	<p>2/15</p> <p>Martyr Mamas, John the Faster, Patriarch of Constantinople</p>	<p>3/16</p> <p>Hieromartyr Anthimos, Bishop of Nicomedia</p>	<p>4/17</p> <p>Hieromartyr Babylas, Bishop of Antioch, Prophet Moses the God-seer.</p>
<p>5/18</p> <p>+THE FOURTEENTH OF MATTHEW, Prophet Zacharias father of the Forerunner</p>	<p>6/19</p> <p>+The miracle of the Archangel Michael at Chonae</p>	<p>7/20</p> <p>Martyr Sozon</p>	<p>8/21 </p> <p>+THE NATIVITY OF OUR MOST HOLY LADY, MOTHER OF GOD AND EVER-VIRGIN MARY.</p>	<p>9/22</p> <p>+The Synaxis of the Just Joachim and Anna</p>	<p>10/23</p> <p>Martyrs Mēnodora, Mētroдора and Nymphodora</p>	<p>11/24</p> <p>Righteous Theodora of Alexandria</p>
<p>12/25</p> <p>Sunday Before the Exaltation of the Apodosis of the Nativity</p> <p>Hieromartyr Autonomos</p>	<p>13/26</p> <p>+The Dedication of the Holy Church of the Resurrection of Christ</p>	<p>14/27</p> <p>+THE UNIVERSAL EXALTATION OF THE PRECIOUS AND LIFE-GIVING CROSS</p>	<p>15/28</p> <p>Great Martyr Nikētas</p>	<p>16/29</p> <p>Great Martyr Euphēmia</p>	<p>17/30</p> <p>Virgin Martyrs, Faith, Hope and Love, and of their mother Sophia</p>	<p>18/1</p> <p>Righteous Eumenios, Bishop of Gortyna</p>
<p>19/2</p> <p>+SUNDAY AFTER THE EXALTATION</p> <p>Martyrs Trophimos, Sabbatios and Dorymedon</p>	<p>20/3</p> <p>+Great Martyr Eustathios, etc.</p>	<p>21/4</p> <p>Quadratus the Apostle</p> <p><i>Apodosis of the Exaltation</i></p>	<p>22/5</p> <p>Hieromartyr Phokas</p>	<p>23/6</p> <p>+The Conception of the holy, glorious Prophet, Forerunner and Baptist, John.</p>	<p>24/7</p> <p>Great Martyr and Equal of the Apostles Thekla</p>	<p>25/8</p> <p>Righteous Euphrosynē, daughter of Paphnutios the Egyptian.</p>
<p>26/9</p> <p>+FIRST WEEK OF LUKE. +The Assumption of the holy, glorious Apostle and Evangelist, John the Theologian</p>	<p>27/10</p> <p>Martyr Kallistratos and his forty nine fellow martyrs.</p>	<p>28/11</p> <p>Righteous Chariton the Confessor</p>	<p>29/12</p> <p>Righteous Kyriakos the Anchorite</p>	<p>30/13</p> <p>Martyr Gregory of Great Armenia</p>		

October 2011

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Strict fast: No meat, dairy, fish, shellfish, oil or wine</p> <p>Oil, wine & shellfish permitted</p>	<p> = fish permitted</p> <p>A.F.P. = All foods permitted</p>				<p>1/14</p> <p>+PROTECTION OF THE THEOTOKOS</p>	<p>2/15</p> <p>Hieromartyr Cyprian, Virgin-martyr Justina</p>
<p>3/16</p> <p>+SECOND SUNDAY OF LUKE. Dionysios the Areopagite, Bishop of Athens</p>	<p>4/17</p> <p>Hierotheos, Bishop of Athens</p>	<p>5/18</p> <p>Martyr Charitinē</p>	<p>6/19</p> <p>+Apostle Thomas, New-martyr Makarios</p>	<p>7/20</p> <p>Great-martyrs Sergius and Bacchus</p>	<p>8/21</p> <p>Righteous Pelagia and Taïsia</p>	<p>9/22</p> <p>Apostle James Alpheus</p>
<p>10/23</p> <p>+FOURTH SUNDAY OF LUKE. HOLY FATHERS Martyrs Eulampios and Eulampia</p>	<p>11/24</p> <p>Apostle Philip. Righteous Theophanes the Branded</p>	<p>12/25</p> <p>Righteous Symeon</p>	<p>13/26</p> <p>Martyrs Carpus, Papyrus and Agathodoros</p>	<p>14/27</p> <p>Martyrs Nazarios and Gerbasios, and Celsius</p>	<p>15/28</p> <p>Hieromartyr Loukianos</p>	<p>16/29</p> <p>Great-Martyr Longinus the Centurion</p>
<p>17/30</p> <p>+THIRD SUNDAY OF LUKE. Prophet Osēe (Hosea), Twenty Unmercenarys</p>	<p>18/31</p> <p>+Apostle and Evangelist Luke</p>	<p>19/1</p> <p>Prophet Joel, Martyr Ouarus</p>	<p>20/2</p> <p>Great-martyr Artemius</p>	<p>21/3</p> <p>Righteous Hilarion the Great</p>	<p>22/4</p> <p>Averky Bishop of Hierapolis</p>	<p>23/5</p> <p>+Apostle James, the Brother of the Lord</p>
<p>24/6</p> <p>+SIXTH SUNDAY OF LUKE. Great-Martyr Arethas, Martyr Sebastianē</p>	<p>25/7</p> <p>Martyrs Marcian and Martyrios, Tabitha the Merciful</p>	<p>26/8</p> <p>Great-Martyr Demetrios the Myrrh-Streamer</p>	<p>27/9</p> <p>Martyr Nestor, Procla the wife of Pontius Pilate</p>	<p>28/10</p> <p>Terence and Eunice, Athanasios of Constantinople the Esphigmenite</p>	<p>29/11</p> <p>Martyr Anastasia the Roman, Righteous Abramius and Maria</p>	<p>30/12</p> <p>Martyrs Zenobios and Zenobia</p>
<p>31/13</p> <p>+FIFTH SUNDAY OF LUKE. Apostles Stachys, Apellos, Amplia and Ourbanos.</p>						

November 2011

SUN	MON	TUE	WED	THU	FRI	SAT
	1/14 +UNMERCENARI ES COSMAS AND DAMIAN	2/15 Martyrs Akindynos, Pegasios and Elpidophoros	3/16 The Translation of the relics of St. George the Trophy-bearer	4/17 Righteous Ioannikios, Hieromartyr Nicandros	5/18 Martyrs Galaktion and Epistemē	6/19 Paul; Archbishop of Constantinople
7/20 +SEVENTH SUNDAY OF LUKE. Thirty- three Martyrs of Melitinē	8/21 +Archngels Michael and Gabriel	9/22 St. Nectarios of Pentapolis	10/23 Apostles Olympas and Sosipater, Martyr Orestos	11/24 Martyrs Mēnas, Victor and Vincent	12/25 +JOHN THE MERCIFUL, PATRIARCH OF ALEXANDRIA	13/26 +JOHN CHRYSOSTOM
14/27 +EIGHTH SUNDAY OF LUKE. +APOSTLE PHILIP	15/28 Martyrs Gourias, Samonas and Abibos. <i>Beginning of the Fast</i>	16/29 + Apostle and Evangelist Matthew	17/30 Gregory the Wonderworker	18/1 Martyrs Plato, Romanos and Zacchaeus	19/2 Prophet Abdia (Obadiah), Martyr Barlaam	20/3 Gregory the Decapolite, <i>Pre- feast of the Entry</i>
21/4 ☉ +NINTH SUNDAY OF LUKE +The Entry of the Theotokos	22/5 Apostles Philemon, Onesimos	23/6 Bishops Gregory and Amphilochios	24/7 Hieromartyrs Clement of Rome and Peter of Alexandria	25/8 +Great-Martyrs Catherine and Mercurios <i>Apodosis of the Entry</i>	26/9 Righteous Alypy, Stylianos of Paphlagonia, Nikon "Repent ye"	27/10 ☉ Great-Martyr James the Persian
28/11 ☉ +THIRTEENTH SUNDAY OF LUKE Stephen the Confessor, Martyr Eirēnarchos	29/12 Martyrs Paramonos and Philoumenos	30/13 Andrew the First-Called Apostle			Strict fast: No meat, dairy, fish, shellfish, oil or wine Oil, wine & shellfish permitted	☉ = fish permitted A.F.P. = All foods permitted

December 2011

SUN	MON	TUE	WED	THU	FRI	SAT
Strict fast: No meat, dairy, fish, shellfish, oil or wine Oil, wine & shellfish permitted	☒ = fish permitted A.F.P. = All foods permitted	* On this day the Winter Solstice occurs; the time at which the sun is at its southernmost point in the sky, appearing at noon at its lowest altitude above the horizon. It is the shortest day of the year; the day is 9 hours long and the night is 15.	1/14 Prophet Naoum, Righteous Philaret the Merciful	2/15 Prophet Abbakoum (Habakkuk), Martyr Myropē	3/16 Prophet Sophonias (Zephaniah)	4/17 ☒ +Great-Martyr Barbara , Righteous John of Damascus
5/18 ☒ +TENTH SUNDAY OF LUKE, +Righteous Sabbas the Sanctified	6/19 + Nicholas of Myra in Lycia	7/20 Ambrose of Milan	8/21 Righteous Patapios, Parthenios of Chios	9/22 +THE CONCEPTION OF ST ANNA	10/23 Martyrs Mēnas, Hērmogenēs and Eugraphos	11/24 ☒ Righteous Daniel and Luke the Stylites
12/25 ☒ +ELEVENTH SUNDAY OF LUKE. +SPYRIDON OF TRIMYTHOUS	13/26 Martyrs Eustratios, Auxentios, Eugene, Mardarios and Orestes	14/27 Martyrs Thyrsos and Leukios	15/28 +Hieromartyr Eleutherios , Martyr Anthia	16/29 Prophet Angeos (Haggai), Modestus of Jerusalem	17/30 Three Holy Children, Prophet Daniel, Dionysios of Aegina	18/31 Martyr Sebastian and those with him
19/1 +SUNDAY BEFORE THE NATIVITY. Martyr Boniface and Aglaïs	20/2 + Ignatius the God-Bearer , <i>Pre-feast of the Nativity</i>	21/3 Martyr Juliana	22/4 Martyr Anastasia the deliverer from poisons	23/5 Ten Martyrs of Crete, Righteous Naoum	24/6 Righteous-Martyr Eugenia	25/7 A.F.P. + THE NATIVITY ACCORDING TO THE FLESH OF OUR LORD, GOD AND SAVIOUR JESUS CHRIST.
26/8 A.F.P. +SUNDAY AFTER THE NATIVITY OF CHRIST. + Stephen the Protomartyr, Apostle and Archdeacon	27/10 A.F.P. + Stephen the Protomartyr, Apostle and Archdeacon	28/10 A.F.P. The Holy 20,000 Martyrs in Nicomedia	29/11 A.F.P. The 14,000 infants slain by Herod	30/12 A.F.P. Righteous-Martyr Anysia	31/13 A.F.P. Righteous Melanie of Rome <i>Apodosis of the Nativity</i>	

